

Beat: Sports

## London International Conference 2

### Sport Is a Life Style

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**USPA NEWS** - The value of sport is evident in that it instills in its practitioners positive ethical values “such as discipline, mutual respect, sportsmanship and teamwork, and plays a pivotal role in the integrated construction of the individual's personality physically, mentally and socially, in addition to being a way to integrate groups with disabilities into society and improve their psychological and health condition, and also an important means in Elimination of distinction in terms of gender, gender or race,

And everyone has become individuals and institutions seeking to take advantage of sport outcomes in all fields of work, whether at the level of training, qualification, competition and achievement of sporting achievement or at the level of management and marketing and sports investment or at the level of improving the public health of the individual and society, and this is confirmed by the International Charter for Physical Education and Sports issued by the United Nations Educational, Scientific and Cultural Organisation in its first article that every human being has a fundamental right to practice physical education and sports,

And also referred in its sixth article to The importance of scientific research and evaluation, as they are indispensable factors for the development of physical education and sports, and at the level of international sports organisations, the International Olympic Committee emphasised in its basic principles that Olympic thought is a philosophy in life and aims to strengthen and Refinement and physical attributes and mental will, that is, what we express by mixing sport with culture and education, and this confirms that the view by the international community with all its organisations of sport has become a way of life at all levels

The conference aims to shed light on sport in general and the challenges facing sport and practice of challenges that prevent the achievement of a style life caters to the needs of all segments of society and its service, profit, and governmental institutions, and then to identify future ideas and plans, and to develop creative common visions through which a sporty renaissance can be achieved and a way of life can be guaranteed. Sports Consultancy Academy of Scientific Research and Training invite all belonging and those interested in physical education and sport sciences, as well as specialists in all faculties and departments and institutes of physical education to participate in the conference and to contribute papers research, scientific or ideas, plans and projects that articles that provide solutions or innovations can achieve a lifestyle and a way sport.

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#### Editorial program service of General News Agency:

United Press Association, Inc.  
3651 Lindell Road, Suite D168

Las Vegas, NV 89103, USA  
(702) 943.0321 Local  
(702) 943.0233 Facsimile  
[info@unitedpressassociation.org](mailto:info@unitedpressassociation.org)  
[info@gna24.com](mailto:info@gna24.com)  
[www.gna24.com](http://www.gna24.com)